

PSHE MATTERS Long Term Plan

Each class follows the same units at the same time. Teachers adapt planning and teaching to respond to individual and class needs.

Cycle A

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Drug Education	Being Me	Money Matters	Being Safe	Changes	Growing Up

Cycle B

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Being Healthy	Relationships	Exploring Emotions	Difference and Diversity	Being Responsible	Bullying Matters