

Discover our new menu with great dishes to fuel up and get active

Week 1 W/C: 17.04.23 / 08.05.23 / 05.06.23 / 26.06.23 / 17.07.23 / 18.09.23 / 09.10.23

OPTION 1

Monday Hot Dog 🕅

Tuesday Chicken Curry 🗗

Wednesday

Roast Beef with Yorkshire Pudding 😘 🕅 & Gravy

Thursday

Scone Dough Cheese & Tomato Pizza 👽 🦎 🛍

Friday

Breaded Fish Fillet ... 💥 📙 🤣

OPTION 2

Monday

Veggie Hot Dog 🏵 🦮

Tuesday

Vegetable Curry 👽 🛍

Wednesday

Veggie Toad in the Hole ******

Thursday

Veggie Tacos 🏵 🕅 🤻

Friday

Quorn Dippers 🏵 💥

PASTA OPTION

Italian Pasta Bowl 🍑 🕅 🖪

Tuesday

Neapolitan Pasta Bowl

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Wednesday

Popeye Pasta Bowl

Thursday

Macaroni Cheese

Friday

Tomato Ragu Pasta Bowl

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DESSERT

Monday

Cookie 🔌

Tuesday Chocolate Cracknel M

Wednesday

Fresh Fruit with Bitesize Flapjack

Thursday

Ice Cream 🛍 with

Peaches 🍎

Friday

Chocolate Orange Muffin 😘 🕅

Week 2 W/C: 24.04.23 / *15.05.23 / 12.06.23 / 03.07.23 / 04.09.23 / 25.09.23 / 16.10.23

OPTION 1

Monday

Veggie Sausage Roll 👁 🦎

Tuesday

Sweet Chilli Chicken

Wednesday

Roast Pork with Stuffing * & Gravy

Thursday

Organic Beef Meatballs 🦎 in a Tomato sauce

Friday

Salmon Fishcake 👄 🦎

OPTION 2

Monday

Savoury Mince 🏵 🦑

Tuesday

Sticky Noodles 👽 🖼 🦎

Wednesday

Cheese & Broccoli Bake **→**

Thursday

Vegan Meatballs 💥 in Homemade Tomato Sauce 🏵

Friday

Brunch Pattie 👽 😭 🥍 🎼

PASTA OPTION

Monday

Neapolitan Pasta Bowl

Tuesday

Tomato Ragu Pasta Bowl

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Wednesday

Italian Pasta Bowl 🍑 💥 🖪

Thursday

Popeye Pasta Bowl 🍑 🕅

Friday

Macaroni Cheese

DESSERT

Monday

Chocolate Cookie 🔌

Tuesday

Berry Muffin 🖼 🦎

Wednesday Strawberry Mousse 🛍

Thursday

Fresh Fruit with Bitesize Cereal Bar 💥 🍎

Friday

Fruit Crumble & Custard 🍱 🍏

Week 3 W/C: *01.05.23 / 22.05.23 / *19.06.23 / *10.07.23 / 11.09.23 / *02.10.23

OPTION 1

Monday

Organic Beef Burger 🔌 in a Bun 💥

Tuesday

Margherita Pizza 👽 💥 🗗

Wednesday

Roast Gammon with Gravy

Thursday

Fish Fingers 👁 🕷 🥟

Cowboy Mince

Friday

Monday

Veggie Burger 🦎 in a Bun 🏵 📉

Tuesday

Vegan Chilli with Rice 🏵

Wednesday

Roast Quorn Fillet 😭 with Gravy 👽

Thursday

Cheesy Bean Enchilada 👽 🧮 🛍

Friday

Vegetable Fingers 🏵 🦎

OPTION 2

Popeye Pasta Bowl 🏵 🥍 🖺

Tuesday

Monday

Italian Pasta Bowl 🏵 🕅

Wednesday

Macaroni Cheese

Monday

Fresh Fruit with Bitesize Lemon

Fruit Jelly

PASTA OPTION

Thursday

Neapolitan Pasta Bowl

Friday

Tomato Ragu Pasta Bowl 🏵 🦎 📭

DESSERT

Shortbread Slice

Tuesday

Cake 😭 🦎 🖆 🍏

Wednesday

Thursday

Chocolate Crunch 😘 🕅

Friday

Rhubarb Cake 😭 🦎

Side dishes (potatoes, rice etc), bread & seasonal vegetables or salad served with every meal Daily - yoghurt & fresh fruit • All desserts are suitable for vegetarians Seafood with this mark comes from an MSC certified sustainable fishery. www.msc.org

This desart contains This meal is suitable

ALLERGY ICONS







