

## Intent

Our scheme of work aims to equip children with essential skills for life; it intends to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them.

## Fritchley CofE (Aided) Primary and Nursery School



## PSHE

## Impact

Children are enabled to develop the vocabulary and confidence needed to clearly articulate their thoughts and feelings in a climate of openness, trust and respect, and know when and how they can seek the support of others.

Children apply their understanding of society to their everyday interactions, from the classroom to the wider community of which they are a part.

PSHE supports the active development of our school culture that prioritises physical and mental health and wellbeing, providing children with skills to evaluate and understand their own wellbeing needs, practise self-care and contribute positively to the wellbeing of those around them.

## Curriculum and Implementation

- Lessons are planned using the Derbyshire Matters resource, which is designed using the PSHE Association's 'Programme of Study'. Lessons are adapted to suit children's needs.
- Our curriculum is organised into 3 key themes – Relationships, Health and Well-Being and Living in the Wider World.
- Our Relationship and Sex Education curriculum is integrated into our PSHE and is age and developmentally appropriate for each year group.
- Through our PSHE curriculum, children are given the opportunity to:
  - ✓ Develop their accurate, balanced and relevant knowledge of the world and turn that knowledge into personal understanding.
  - ✓ Explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
  - ✓ Develop the skills, language and strategies they need in order to live healthy, safe, fulfilling, responsible and balanced lives.
  - ✓ Develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy.

## School Values

Our school worship values all reflect principles taught within PSHE: Respect, Peace, Honesty, Kindness, Love and Connection.

Our school rules of Ready, Respectful, Safe also demonstrate themes taught in PSHE.

These values and rules are actively modelled and encouraged, throughout school life.

## Cross Curricular Links

Cross curricular links are made and include:

- English – Explaining your point of view to a range of issues
- Maths – Understanding of money and finance
- Science – Healthy eating, growth and human life cycles
- Computing – Cyberbullying/online safety
- Geography/RE/MFL – Understanding communities, religions, customs and traditions around the world, accepting diversity and celebrating difference.
- PE – The link between exercise and wellbeing.

## Assessment

Assessment for learning opportunities are built into each lesson and are enhanced by creative teaching and our Learning Journey Journals, which allow teachers to evaluate and assess understanding and progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning in an individual manner.

## Enrichment includes:

- Mental Health Worships
- Celebrating Children's Mental Health Week
- World Mental Health Day
- School Council
- Positive Play
- Chameleon room
- Odd Socks Day (Children in Need)
- NSPCC PANTS
- NSPCC Speak Out, Stay Safe
- ELSA
- Attention Autism

## SEND Personalised Provision

Pupils with a high level of special needs receive individual provision, set out in a personalised provision map. Their needs have been thoroughly discussed and agreed with the SENDCo. In many cases, the children will be able to access part of the class learning. However, those children will have smaller steps of specific, targeted learning.